

2984 Clifton Springs Road Decatur, Georgia 30034 1-800-282-7130

# Potatoes, Canned



#### PRODUCT INFORMATION AND DESCRIPTION Stock Number: 33-310761

**Case Count:** 6 - #10 Cans Per Case **Storage:** Dry

Georgia Grown Potatoes; canned on-site. Our potatoes are diced, canned in water, with no salt added. They are perfect for use in medical diets. Can be seasoned to taste. Ideal for heat and serve; use in soups, stews, casseroles, pot pies, cold salads, or used in to make oven browned or hashed brown potatoes. They can be mixed with other vegetables such as peas, green beans and corn to make easy mixed vegetables. Recipe available upon request.

#### INGREDIENTS

Potatoes, Water.

### NUTRITION INFORMATION

Serving Size	<sup>1</sup> /2 cup (114	<sup>1</sup> / <sub>2</sub> cup (114.82 g)		
Servings Per Contain	ner			
Calories	80	Calories from Fat	0	
		% Daily '	Value	
Total Fat	0 g	0 9	%	
Saturated Fat	0 g	0 9	%	
Trans Fat				
Cholesterol	0 mg	0 9	%	
Sodium	5 mg	0 9	%	
Total Carbohydrate	17 g	6 9	%	
Dietary Fiber	3 g	12	%	
Sugars	1 g			
Protein	2 g			
Vitamin A	Vitamin C 10 %	Calcium	Iron 8 %	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily				
values may be higher or lower depending on your calorie needs.				

### PREPARATION AND COOKING INSTRUCTIONS

Ready to use. Cook product to an internal temperature of 140 ° F. for 15 seconds.

## **ALLERGEN INFORMATION**

**PRODUCT LABEL**