



2984 Clifton Springs Road
 Decatur, Georgia 30034
 1-800-282-7130

Squash, Yellow, Canned



PRODUCT INFORMATION AND DESCRIPTION

Stock Number: 33-310840

Case Count: 6 - #10 Cans Per Case

Storage: Dry

Georgia Grown Squash; canned on-site. Our squash is canned in water; no salt added. Perfect for use in medical diets. Ideal for heat and serve and can be seasoned to taste. Use in recipes such as sautéed squash, soups, casseroles or combine squash with other vegetables to make easy mixed vegetables. Recipes available upon request.

INGREDIENTS

Yellow Squash, Water.

NUTRITION INFORMATION

Serving Size	½ cup (130 g)		
Servings Per Container			
Calories	10	Calories from Fat	0
		% Daily Value	
Total Fat	0 g		0 %
Saturated Fat	0 g		0 %
Trans Fat			
Cholesterol	0 mg		0 %
Sodium	5 mg		0 %
Total Carbohydrate	3 g		1 %
Dietary Fiber	1 g		4 %
Sugars	1 g		
Protein	1 g		
Vitamin A	2 %	Vitamin C	4 %
Calcium	2 %	Iron	4 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

PREPARATION AND COOKING INSTRUCTIONS

Ready to use. Cook product to an internal temperature of 140° F. for 15 seconds.

ALLERGEN INFORMATION

PRODUCT LABEL