



2984 Clifton Springs Road
 Decatur, Georgia 30034
 1-800-282-7130

Collard Greens, Canned



PRODUCT INFORMATION AND DESCRIPTION

Stock Number: 33-310400

Case Count: 6 - #10 Cans Per Case

Storage: Dry

Georgia Grown Collard Greens; canned on-site. Our greens are diced ½” x ½”, canned in water, with no salt added. Perfect for use in medical diets. They can be seasoned to taste. Try them in recipes such as creamed greens, seasoned or sautéed greens, or add them to soups.

INGREDIENTS

Collard Greens and Water.

NUTRITION INFORMATION

Serving Size	½ cup (130 g)		
Servings Per Container			
Calories	30	Calories from Fat	5
		% Daily Value	
Total Fat	0 g		0 %
Saturated Fat	0 g		0 %
Trans Fat			
Cholesterol	0 mg		0 %
Sodium	20 mg		1 %
Total Carbohydrate	5 g		2 %
Dietary Fiber	3 g		12 %
Sugars			
Protein	2 g		
Vitamin A	180 %	Vitamin C	35 %
		Calcium	15 %
		Iron	5 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

PREPARATION AND COOKING INSTRUCTIONS

Ready to heat and serve. Cook product to an internal temperature of 140 ° F. for 15 seconds.

ALLERGEN INFORMATION

PRODUCT LABEL