



2984 Clifton Springs Road
 Decatur, Georgia 30034
 1-800-282-7130

Carrots, Canned



PRODUCT INFORMATION AND DESCRIPTION

Stock Number: 33-310300

Case Count: 6 - # 10 Cans Per Case

Storage: Dry

Georgia Grown Carrots, canned on-site. Our carrots are diced ½” x ½”, canned in water, with no salt added. Perfect for use in low-sodium diets. Can be seasoned to taste. Ideal for heat and serve; use in casseroles, soups, cold salads or mixed with other vegetables, such as peas. Recipes available upon request.

INGREDIENTS

Carrots, Water.

NUTRITION INFORMATION

Serving Size	½ cup (130 g)		
Servings Per Container			
Calories	25	Calories from Fat	0
		% Daily Value	
Total Fat	0 g		0 %
Saturated Fat	0 g		0 %
Trans Fat			
Cholesterol	0 mg		0 %
Sodium	45 mg		2 %
Total Carbohydrate	6 g		2 %
Dietary Fiber	2 g		8 %
Sugars	2 g		
Protein	1 g		
Vitamin A	220 %	Vitamin C	4 %
Calcium	4 %	Iron	4 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			

PREPARATION AND COOKING INSTRUCTIONS

Ready to use. Cook product to an internal temperature of 140 ° F. for 15 seconds.

ALLERGEN INFORMATION

PRODUCT LABEL